



The
James L.J. Center
A Premier Adult Day Center

• ACTIVITY CALENDAR •

Engaging Minds. Enriching Lives. Building Community.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 • 11:00 AM Jazzercise • 11:30 AM Magazine Scavenger Hunt • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Vision Boards • 2:00 PM Decorate for the Party • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	6 National Fried Chicken Day • 11:00 AM Jazzercise • 11:30 AM Balloon Volleyball • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Relaxation Time (YOGA) • 2:00 PM Word Search Race • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	7 • 11:00 AM Jazzercise • 11:30 AM Candy Dice Game • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Pokerkeeno • 2:00 PM Kickball Circle • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	8 National Freeze Pop Day 11:00 AM Jazzercise 11:30 AM Shakenna and Yvonnica Says... 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Spot the Hidden Pictures 2:00 PM Charades 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	13 11:00 AM Jazzercise 11:30 AM Name That Tune 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Painting 2:00 PM Noodle Ball 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time
14 Taco Tuesday Make your own 11:00 AM Jazzercise 11:30 AM What's the latest News 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Stack the cups and plates 2:00 PM Fact or Crap 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	15 Annual Hot Dog Day • 11:00 AM Jazzercise • 11:30 AM Music Class w/ instruments • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Beach Ball Fun • 2:00 PM BINGO • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	16 • 11:00 AM Jazzercise • 11:30 AM Who can fold the fastest • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Find That Person • 2:00 PM Jeopardy • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	17 11:00 AM Jazzercise 11:30 AM Who can fold the fastest 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Find That Person 2:00 PM Jeopardy 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	18 Making Ice Cream Sundaes 11:00 AM Jazzercise 11:30 AM Shakenna's fun facts 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Noodle Ball 1:30 PM Let's Make Ice-Cream Sundaes 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time
21 11:00 AM Jazzercise 11:30 AM Tour of the building 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Family Feud 2:00 PM Name that tune 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	22 National Love Day • 11:00 AM Jazzercise • 11:30 AM Hot potato • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM What are all the jobs I have ever worked • 2:00 PM Trivia • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	23 • 11:00 AM Jazzercise • 11:30 AM Fishing Game • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Commercial Challenge • 2:00 PM I'm taking you to court • 3:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	24 11:00 AM Jazzercise 11:30 AM Hangman 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Freeze dance 2:00 PM Plates and Cups 3:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	25 11:00 AM Jazzercise 11:30 AM Who am I? 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Movie Day 2:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time
28 11:00 AM Jazzercise 11:30 AM Brain Games 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Finish the phrase 2:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	29 • 11:00 AM Jazzercise • 11:30 AM Balloon Tennis • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Price is Right • 2:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	30 • 11:00 AM Jazzercise • 11:30 AM Dominoes • 12:00 PM Lunch • 1:00 PM Jazzercise • 1:30 PM Kickball Circle • 2:00 PM Snack • 3:00 - 4:00 PM Time to go home • 4:00 - 5:00 PM TV Time	31 11:00 AM Jazzercise 11:30 AM Finish the lyrics 12:00 PM Lunch 1:00 PM Jazzercise 1:30 PM Bingo 2:00 PM Snack 3:00 - 4:00 PM Time to go home 4:00 - 5:00 PM TV Time	

DAILY SCHEDULE
• 8:30 AM – Breakfast & Early Bird Activities
• 9:30 AM – Coffee Chat
• 10:00 AM – Daily News
• 11:30 AM – Lunch
• 12:30 PM – Relaxation & Bingo
• 2:15 PM – Exercise
• 2:30 PM – Snack
Center Closing

SPECIAL EVENTS

IN THE NEWS

BIRTHDAYS

ANNIVERSARIES



Mon – Fri: 8:00 AM – 5:00 PM
Sat: 11:00 AM – 4:00 PM | Closed Sundays

Activity Directors with Their Heart



Together, we make every day meaningful!